# Michelle's Beauty Therapy

Sefton Hotel Harris Promenade Douglas Tel: 01624 673070

#### Bio Oxygen Gold £55.00

This facial treatment of pure oxygen gently pushes high performance bio products, including Hexapeptide 3, deep into the skin. This is a very popular alternative to botox.

### Bio Ultimate Gold £55.00

This is an advanced anti-aging treatment that reduces wrinkles and fine lines using micro current. Also suitable for body treatment.

#### Push and Peel Facial £75.00

A non aggressive deep peeling system that is both safe and effective. Provides a deep exfoliation of the epidermis to treat; fine lines, wrinkles, sun damage, scar tissue, acne, dull skin, thickening skin and pigmentation.

#### Active Collagen Facial £45.00

A freeze dried collagen that provides intensive care, reducing fine lines, plumps up skin and improves skin moisture to give the appearance of younger looking skin.

#### Aroma Facial £40.00

A velvet smooth non-drying mask. Excellent for dull, dry or sensitive skin. Leaves skin relaxed, fresh and smoother.

#### SOS Facial £40.00

This treatment helps your skin recover from the symptoms of dehydration, for tired and mature skin by using evening primrose oil, silicones and geranium.

#### Milia and Whitehead Facial £40.00

Excellent for those suffering from acne, whitehead and blackhead troubles. Perfect for clearing clogged pores, leaving skin clean, smooth and fresh.

#### Day Package Treatment £120.00

A 4 hour treatment including manicure, pedicure, facial and full body massage. Lunch is included.

## Reflexology £35.00

Improve your blood circulation, and relieve a variety of symptoms through stimulation of pressure points.

## Hopi Ear Candle £30.00

Very good for those suffering from migraines, sinus problems, colds, flu and hay fever. Helps to keep ears clear reducing the need for syringing. Luxury

#### Manicure £30.00

This treatment uses paraffin wax and includes exfoliation and massage.

#### Luxury Pedicure £30.00

This treatment uses paraffin wax and includes exfoliation and massage.

## Swedish Massage £35.00

A 1 hour treatment, designed to increase oxygen flow and release toxins from the muscles.

## Aromatherapy Massage £40.00

A 1 hour treatment which uses essential oils distilled from plants to promote a feeling of well being and health.

Indian Head Massage £30.00

A 30 minute treatment which releases the stress that has accumulated in the tissues, muscles and joints of the head, face, neck and shoulders.

Head, Neck and Shoulder Massage £30.00

A 30 minute massage treatment focusing on head, neck and shoulders.

Pregnant Massage £30.00

A gentle 30 minute treatment designed specifically to help expectant mothers to relax during their pregnancy

## Waxing

Full leg wax £20

Half leg wax £15

Bikini £12

Hollywood £20

Brazilian £20

Chest £20

Back £20

Full arm £12

Forearm £8

Underarm wax £6

Eyebrow wax £7

Lip or chin £6

Ear wax £10

## Other

Eyelash tint £10

Eyebrow tint £8